

TRY OUT
GLOW-GA

APRIL 13
5:45 P.M.

GLOW CRAZY!

LAUNCH WEEK
APRIL 11-16



BRING A FRIEND | Ask about a guest pass to bring a friend to Les Mills classes.

LES MILLS **BODYPUMP**

Monday, April 11

12 p.m. with Kazumi Smith
7 p.m. with Tamara Berry

Wednesday, April 13

7 p.m. with Courtney Ainsworth

Friday, April 15

5:15 a.m. with Patti Hartsook
9:30 a.m. with Kazumi Smith

Saturday, April 16

10:05 a.m. with Tamara Berry &
Denise Winn

LES MILLS **BODYFLOW**

Tuesday, April 12

6:30 p.m. with Gloria Wright

Thursday, April 14

6 p.m. with Courtney Ainsworth

Saturday, April 16

11:05 a.m. with Gloria Wright

LES MILLS **CORE**

Monday, April 11

6:15 a.m. with Courtney Ainsworth

Wednesday, April 13

6:15 a.m. with Courtney Ainsworth

Friday, April 15

6:15 a.m. with Patti Hartsook

TO REGISTER: cityofmoore.com/fun

For more information call Moore Parks & Recreation at (405) 793-5090

