

LES MILLS LAUNCH WEEK

JANUARY 8-13, 2024

LES MILLS **BODYPUMP**

Monday, Jan. 8

12 p.m. with Kazumi Smith
7 p.m. with Tamara Berry

Wednesday, Jan. 10

7 p.m. with Courtney Ainsworth

Friday, Jan. 12

5:15 a.m. with Patti Hartsook
9:30 a.m. with Kazumi Smith

Saturday, Jan. 13

10:05 a.m. with Tamara Berry &
Denise Winn

LES MILLS **BODYBALANCE**

Tuesday, Jan. 9

6:30 p.m. with Gloria Wright

Thursday, Jan. 11

6 p.m. with Courtney Ainsworth

Saturday, Jan. 13

11:05 a.m. with Gloria Wright

TO REGISTER: cityofmoore.com/fun

For more information call Moore Parks & Recreation at (405) 793-5090

