

BRAND SENIOR CENTER

JULY 2024



CLASSIC MOVIES

MONDAYS - 9 a.m.

- July 1 Armageddon
- July 8 The Perfect Storm
- July 15 The Outlaw Josey Wales
- July 22 The Newton Boys
- July 29 Dragon Heart

ACTIVITIES

JULY BIRTHDAYS

11:00 a.m., Friday, July 5

GENEALOGY W/JINNI

12:15 p.m., Tuesday, July 2, 9, 16, 23, & 30

FRESH COBBLER

11:45 a.m., Wednesday, July 17

LEE SPENCER (SINGING)

12:15 p.m., Thursday, July 18

MCOA BOARD MEETING

9:45 a.m., Monday, July 29

BLOOD PRESSURE CHECKS PROVIDED BY ASPIRE SPECIALTY HOSPITAL

10:30-11:30 a.m., Thursday, July 25



SPEAKERS & MUSIC

SPEAKER: JEREMY W/GLOBAL HEALTH

11:00 a.m., Thursday, July 11

SPEAKER: BETTINA W/CENTRIC HOME HEALTH

11:00 a.m., Thursday, July 18

SPEAKER: REBECCA W/HALO HOSPICE

11:00 a.m., Thursday, July 25



WEEKLY ACTIVITIES

QUILTING • POOL • TABLE GAMES

- AFTERNOON MOVIEWednesdays - 1 p.m.
- ARM CHAIR TRAVELWednesdays - 9 a.m.
- BINGOJune 7, 17, & 21 -12:15 p.m.
- BOARD GAMESWednesdays - 12:30 p.m.
- CORNHOLEThursdays - 12:30 p.m.
- CHAIR YOGATues/Thurs - 10:15 a.m.
- EXERCISEMon/Wed/Fri - 10:15 a.m.
- LIBRARYTuesday, June 11 & 25 - 10:00 a.m.
- OPEN ART STUDIOTues - 8:30a.m. Fri - 9:00 a.m.
- STRETCH, STRENGTHEN & HEALTHTuesdays - 9:30 a.m.
- TABLE TENNIS.....Fridays - 2 p.m.
- WII BOWLING.....Tuesdays - 10 a.m.
- WOODCARVINGWed & Thurs - 9 a.m.

SIGN UP IN OFFICE

501 East Main St. | 405-799-3130

