

City of Moore
BRAND SENIOR CENTER

JULY
2024

Moore Area Transportation Only Call 405-799-3130

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>9:00 Classic Movie "Armageddon" 10:15 Exercise</p>	<p>2</p> <p>8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Bowling 10:15 Chair Yoga 12:15 Genealogy W/Jinni</p>	<p>3</p> <p>9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie</p>	<p>4</p> <p><i>Happy 4th of July</i> HOLIDAY - CLOSED</p>	<p>5</p> <p>9:00 Open Art Studio 10:15 Exercise 11:00 July Birthday's 12:15 Bingo w/Flora 2:00 Table Tennis</p> <p><i>Happy Birthday</i></p>
<p>8</p> <p>9:00 Classic Movie "The Perfect Storm" 10:15 Exercise</p>	<p>9</p> <p>8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Library w/Cheyenne 10:00 Wii Bowling 10:15 Chair Yoga 12:15 Genealogy w/Jinni</p>	<p>10</p> <p>9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie</p>	<p>11</p> <p>9:00 Woodcarving 10:15 Chair Yoga 11:00 Speaker Jeremy w/Global Health 12:15 Okie Stompers Dance Group 12:30 Corn Hole</p>	<p>12</p> <p>9:00 Open Art Studio 10:15 Exercise 12:15 Bingo w/Terry 2:00 Table Tennis</p>
<p>15</p> <p>9:00 Classic Movie "The Outlaw Josey Wales" 10:15 Exercise 12:15 Bingo w/Scott</p>	<p>16</p> <p>8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Bowling 10:15 Chair Yoga 12:15 Genealogy w/Jinni</p>	<p>17</p> <p>9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 11:45 Fresh Cobbler 12:30 Board Games 1:00 Afternoon Movie</p>	<p>18</p> <p>9:00 Woodcarving 10:15 Chair Yoga 11:00 Speaker Bettina w/Centric Home Health 12:15 Lee Spencer (Singing) 12:30 Corn Hole</p>	<p>19</p> <p>9:00 Open Art Studio 10:15 Exercise 12:15 Bingo w/Terry 2:00 Table Tennis</p>
<p>22</p> <p>9:00 Classic Movie "The Newton Boys" 10:15 Exercise</p>	<p>23</p> <p>8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Library w/AJ 10:00 Wii Bowling 10:15 Chair Yoga 12:15 Genealogy w/Jinni</p>	<p>24</p> <p>9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie</p>	<p>25</p> <p>9:00 Woodcarving 10:15 Chair Yoga 10:30-11:30 BP check w/Aspire Specialty Hospital 11:00 Speaker Rebecca w/Halo Hospice 12:30 Corn Hole</p>	<p>26</p> <p>9:00 Open Art Studio 10:15 Exercise 2:00 Table Tennis</p>
<p>29</p> <p>9:00 Classic Movie "Dragon Heart" 9:45 MCOA Board Meeting 10:15 Exercise</p>	<p>30</p> <p>8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Bowling 10:15 Chair Yoga 12:15 Genealogy w/Jinni</p>	<p>31</p> <p>9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie</p>	<p><i>Land of the Free</i></p>	



SIGN UP IN OFFICE

501 East Main St. | 405-799-3130

