

City of Moore
BRAND SENIOR CENTER

NOV
2024

Moore Area Transportation Only Call 405-799-3130

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 9:00 Open Art Studio 10:15 Exercise 11:00 November Birthday's 12:15 Bingo w/Flora 2:00 Table Tennis
4 9:00 Classic Movie "The Bells of St. Mary's" 10:15 Exercise	5 8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Bowling	6 9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	7 9:00 Woodcarving 11:00 Speaker on Nutrition 12:15 Vetern's Day Party 12:30 Corn Hole	8 9:00 Open Art Studio 10:15 Exercise 12:15 Bingo w/MCOA 2:00 Table Tennis <i>Happy Birthday</i>
11 Closed- Veteran's Day 	12 8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Library 10:00 Wii Bowling	13 9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	14 9:00 Woodcarving 11:00 Speaker Flora w/Medicare Information 12:30 Corn Hole	15 9:00 Open Art Studio 10:15 Exercise 2:00 Table Tennis
18 9:00 Classic Movie "Key Largo" 10:15 Exercise 12:15 Bingo w/Scott	19 8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Bowling 10:15 Chair Yoga	20 9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 11:45 Fresh Cobbler 12:30 Board Games 1:00 Afternoon Movie	21 9:00 Woodcarving 10:15 Chair Yoga 11:00 Speaker Aaron w/VIP Care 12:00-1:00 BP Checks Aspire Specialty Hospital 12:30 Corn Hole	22 9:00 Open Art Studio 10:15 Exercise 2:00 Table Tennis
25 9:00 Classic Movie "Charade" 9:45 MCOA Board Meeting 10:15 Exercise	26 8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Library 10:00 Wii Bowling 10:15 Chair Yoga	27 9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	28 <i>Happy Thanksgiving</i> 	
29 				

LUNCH PROGRAM
 Inside dining
 Reservations 793-9069

SIGN UP IN OFFICE

501 East Main St. | 405-799-3130

