

BRAND SENIOR CENTER

NOVEMBER 2024



CLASSIC MOVIES MONDAYS - 9 a.m.

- Nov 4** The Bell's of St. Mary's
- Nov 11** Closed- Veteran's Day
- Nov 18** Key Largo
- Nov 25** Charade

ACTIVITIES

NOVEMBER BIRTHDAYS

11:00 a.m., Friday, November 1

VETERAN'S DAY PARTY

12:15 p.m., Thursday, November 7

FRESH COBBLER

11:45 a.m., Wednesday, November 20

BLOOD PRESSURE CHECKS PROVIDED BY ASPIRE SPECIALTY HOSPITAL

12:00-1:00 p.m., Thursday, November 21

MCOA BOARD MEETING

9:45 a.m., Monday, November 25



SPEAKERS & MUSIC

SPEAKER: NUTRITION

11:00 a.m., Thursday, November 7

SPEAKER: FLORA W/MEDICARE INFORMATION

11:00 a.m., Thurs, November 14

SPEAKER: AARON W/VIP CARE

11:00 a.m., Thurs, November 21



WEEKLY ACTIVITIES

QUILTING • POOL • TABLE GAMES

- AFTERNOON MOVIE**Wednesdays - 1 p.m.
- ARM CHAIR TRAVEL**Wednesdays - 9 a.m.
- BINGO**November 1, 8 & 18 -12:15 p.m.
- BOARD GAMES**Wednesdays - 12:30 p.m.
- CORNHOLE**Thursdays - 12:30 p.m.
- CHAIR YOGA**Tues/Thurs - 10:15 a.m.
- EXERCISE**Mon/Wed/Fri - 10:15 a.m.
- LIBRARY**Tuesday, November 12 & 26 - 10:00 a.m.
- OPEN ART STUDIO**Tues - 8:30a.m. Fri - 9:00 a.m.
- STRETCH, STRENGTHEN & HEALTH**Tuesdays - 9:30 a.m.
- TABLE TENNIS**.....Fridays - 2 p.m.
- WII BOWLING**.....Tuesdays - 10 a.m.
- WOODCARVING**Wed & Thurs - 9 a.m.

SIGN UP IN OFFICE

501 East Main St. | 405-799-3130

