City of Moore SENIOR CENTER

DECEMBER 2024



CLASSIC MOVIES MONDAYS - 9 a.m.

ec 2	A Christmas Story
ec 9	Elf
ec 16	Holiday Inn
ec 23	It's a Wonderful Life
ec 30	Annie

SPEAKERS & MUSIC

SPEAKER: JEREMY W/GLOBAL HEALTH 11:00 a.m., Thursday, December 5



SPEAKER: BRIAN W/NUTRITION 11:00 a.m., Thursday, December 26 ACTIVITIES THERAPY DOG VISIT FROM MOORE POLICE DEPARTMENT 10:00-11:15 a.m., Thursday, December 5

MCOA BOARD MEETING & ELECTION 11:00 a.m., Friday, December 6 9:45 a.m., Monday, December 30

DECEMBER BIRTHDAYS 11:15 a.m., Friday, December 6

OKIE STOMPERS 12:15 p.m., Thursday, December 12

CHRISTMAS PARTY 12:15 p.m., Monday, December 23

COCOA W/MOORE POLICE DEPARTMENT 10:00 a.m., Friday, December 20

BLOOD PRESSURE CHECKS PROVIDED BY ASPIRE SPECIALTY HOSPITAL 1:00-11:00 a.m., Thursday, December 26



WEEKLY ACTIVITIES **OUILTING • POOL • TABLE GAMES**

AFTERNOON MOVIE	Wednesdays - 1 p.m.		
ARM CHAIR TRAVEL	Wednesdays - 9 a.m.		
BINGO	December 6, 13 & 16 -12:15 p.m.		
BOARD GAMES	Wednesdays - 12:30 p.m.		
	Thursdays - 12:30 p.m.		
CHAIR YOGA	Tues/Thurs - 10:15 a.m.		
EXERCISE	Mon/Wed/Fri - 10:15 a.m.		
LIBRARY	Tuesday, December 10 - 10:00 a.m.		
OPEN ART STUDIO	Tues - 8:30a.m. Fri - 9:00 a.m.		
STRETCH, STRENGTHEN & HEALTHTuesdays - 9:30 a.m.			
TABLE TENNIS	Fridays - 2 p.m.		
WII GAMES	Tuesdays - 10 a.m.		
WOODCARVING	Wed & Thurs - 9 a.m.		



SIGN UP IN OFFICE

501 East Main St. | 405-799-3130