## City of Moore SENIOR CENTER

### **FEBRUARY 2025**



### **CLASSIC MOVIES**

MONDAYS - 9 a.m. Feb. 3 To Catch a Thief Feb. 10 An Affair to Remember Feb. 24 The Big Sleep

#### **SPEAKERS & MUSIC**

**SPEAKER: JEREMY BRIDGES** W/ GLOBAL HEALTH 11:00 a.m., Thursday, Feb. 6

SPEAKER: JEFF AYNES W/ **ARCHWELL HEALTH** 11:00 a.m., Thursday, Feb. 13

SPEAKER: LESLIE REICHERT MAYS W/ HOME HEALTH 11:00 a.m., Thursday, Feb. 20

**SPEAKER: NUTRITION** 11:00 a.m., Thursday, Feb. 27

#### **ACTIVITIES**

FEBRUARY BIRTHDAY PARTY 11:00 a.m., Friday, Feb. 7

SENIOR SWEETHEART DANCE 6:00-8:00 p.m., Friday, Feb. 7

VALENTINE'S DAY PARTY 12:15 p.m., Thursday, Feb. 13

**FRESH COBBLER** 11:45 a.m., Wednesday, Feb. 19

MCOA BOARD MEETING 9:45 a.m., Monday, Feb. 24



#### WEEKLY ACTIVITIES **OUILTING • POOL • TABLE GAMES**

| AFTERNOON MOVIE                                  | Wednesdays - 1 p.m.               |
|--|-----------------------------------|
| ARM CHAIR TRAVEL                                 | Wednesdays - 9 a.m.               |
| BINGO  | Feb. 7, 14, & 24 -12:15p.m.       |
| BOARD GAMES                                      | Wednesdays - 12:30 p.m.           |
| CORNHOLE   | Thursdays - 12:30 p.m.            |
| CHAIR YOGA                                       | Tues/Thurs - 10:15 a.m.           |
| EXERCISE   | Mon/Wed/Fri - 10:15 a.m.          |
| LIBRARY  | Tuesday, Feb 11 & 25 - 10:00 a.m. |
| OPEN ART STUDIO                                  | Tues - 8:30a.m. Fri - 9:00 a.m.   |
| STRETCH, STRENGTHEN & HEALTHTuesdays - 9:30 a.m. |                                   |
| TABLE TENNIS                                     | Fridays - 2 p.m.                  |
| WII BOWLING                                      | Tuesdays - 10 a.m.                |
| WOODCARVING                                      | Wed & Thurs - 9 a.m.              |



# SIGN UP IN OFFICE

501 East Main St. | 405-799-3130