



CLASSIC MOVIES
MONDAYS - 9 a.m.

- Nov 3** The Karate Kid
- Nov 10** Night Passage
- Nov 17** The Time Machine
- Nov 24** Big Jake

ACTIVITIES

NOVEMBER BIRTHDAYS

11:00 a.m., Friday, November 7

VETERAN'S DAY PARTY

12:15 p.m., Monday, November 10

FRESH COBBLER

11:45 a.m., Wednesday, November 19

MCOA BOARD MEETING

9:45 a.m., Monday, November 24



SPEAKERS & MUSIC

**SPEAKER: JENNIFER W/
HUMANA**

11:00 a.m., Thursday, November 6

**SPEAKER: TI'SHANNA W/
CARING HEART**

11:00 a.m., Thursday, November 13

**SPEAKER: DUSTIN W/ SSSA ON
MEDICARE**

11:00 a.m., Tuesday, November 18

**SPEAKER: DEACON W/ VIP
CARE**

11:00 a.m., Thursday, November 20

**SPEAKER: RODNEY JOHNSON
W/ CAREFIRST**

11:00 a.m., Friday,
November 7, 14 & 21



WEEKLY ACTIVITIES

QUILTING • POOL • TABLE GAMES

- AFTERNOON MOVIE**Wednesdays - 1 p.m.
- ARM CHAIR TRAVEL**Wednesdays - 9 a.m.
- BINGO**November 7, 14, 17 & 26 -12:15 p.m.
- BOARD GAMES**Wednesdays - 12:30 p.m.
- CORNHOLE**Thursdays - 12:30 p.m.
- EXERCISE**Mon/Wed/Fri - 10:15 a.m.
- LIBRARY**Tuesday, November 4 & 18 - 10:00 a.m.
- OPEN ART STUDIO**Tues - 8:30a.m. Fri - 9:00 a.m.
- STRETCH, STRENGTHEN & HEALTH**Tuesdays - 9:30 a.m.
- TABLE TENNIS**.....Fridays - 2 p.m.
- WII SPORTS**.....Tuesdays - 10 a.m.
- WOODCARVING**Wed & Thurs - 9 a.m.

SIGN UP IN OFFICE

501 East Main St. | 405-799-3130